

# Portsmouth



level: Basic

Music by: Mike Oldfield (CD: disco 76)  
Speed: 96 danced beats per minute  
Choreo by: Bernd Flühr, taught on Clog Convention 2017  
[berndfluehr@web.de](mailto:berndfluehr@web.de)

time: 2:02

Sequence: A B C\* A B C D C (as written)

wait 16 beats

A: 0:10 -----

**2 Basic** DS RS DS RS  
L RL R LR  
&1 &2 &1 &2

**Triple** DS DS DS RS  
L R L RL  
&1 &2 &3 &4

**Repeat all above (opposite footwork)**

B: 0:20 -----

**Push Off** DS RS RS RS  
L RL RL RL **move left**  
&1 &2 &3 &4

**2 Basic** DS RS DS RS

**Push Off** DS RS RS RS  
R LR LR LR **move right**  
&1 &2 &3 &4

**2 Basic** DS RS DS RS

C\*: 0:30 -----

**Push Turn** DS RS RS RS  
L RL RL RL **turn half left**  
&1 &2 &3 &4

**2 Basic** DS RS DS RS

**Push Turn** DS RS RS RS  
R LR LR LR **turn half right**  
&1 &2 &3 &4

**2 Basic** DS RS DS RS

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A: 0:40 -----

**2 Basic, Triple, 2 Basic, Triple**

B: 0:50 -----

**Push Off, 2 Basic, Push Off, 2 Basic**

C: 1:00 -----

**Push Turn (turn half left), 2 Basic,  
Push Turn (turn half right), 2 Basic,**

**Push Turn** DS RS RS RS  
L RL RL RL **full turn left**  
&1 &2 &3 &4

**2 Basic** DS RS DS RS

**Push Turn** DS RS RS RS  
R LR LR LR **full turn right**  
&1 &2 &3 &4

**2 Basic** DS RS DS RS

D: 1:20 -----

**Push Forward** DS RS RS RS  
L RL RL RL **move fwd**  
&1 &2 &3 &4

**Triple** DS DS DS RS  
R L R LR  
&1 &2 &3 &4

**Push Back** DS RS RS RS  
L RL RL RL **move bw**  
&1 &2 &3 &4

**Triple** DS DS DS RS  
R L R LR  
&1 &2 &3 &4

**Push Back, Triple  
Push Forward, Triple**

C: 1:40 -----

**Push Turn (turn half left), 2 Basic,  
Push Turn (turn half right), 2 Basic,  
Push Turn (full turn left), 2 Basic,  
Push Turn (full turn right), 2 Basic**

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