

JAMES BOND THEME



level: Easy Int.
time: 3:13

Music by: Moby (Moby's Extended Dance Mix)
Speed: 124 danced beats per minute
Choreo by: Bianca Peter, taught by Bernd Flühr
on ECTA Clog Convention 2017
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Sequence: Intro A A B C D Br.1 A B C D Br.2 E C C* C D End
wait 16 beats after "Bond, James Bond" with gun pose 1

Intro: 0:17 -----

Grape Vine	S(ots)	S(xib)	S(ots)	TCH	
	L	R	L	R	
	1	2	3	4	on 4 do gun pose 2
Grape Vine	S(ots)	S(xib)	S(ots)	TCH	
	R	L	R	L	on 4 do gun pose 1



A: 0:21 / 0:36 / 1:26 -----

Stomp Double	STO DS DS RS	arms down	on STO
	L R L RL		
	1 &2 &3 &4		
2 Cross Touch	S(xif) TCH(ots)	arms crossed	on S, down on the side on TCH
	R L		
	L R		
	1 2		
Stomp Double	STO DS DS RS	on RS do	gun pose 2
	R L R LR		
	1 &2 &3 &4		
slow Steps back	S(ib) p S(ib) p	move bw	with gun pose 2
	L R		
	1 2 3 4		
Stomp Double	STO DS DS RS	arms down	on STO
	L R L RL		
Triple	DS DS DS RS	turn 1/4 L	on RS
	R L R LR		
	&1 &2 &3 &4		
Quick Rock Slur & Basic	R H(w/ots) SLR S(ib)	DS RS	
	L R L L	R LR	
	& 1 & 2	&1 &2	
Step & Turn	S(xif) p PVT (1/4R) H p	on 1 do	gun pose 2
	L both both	on 4 do	gun pose 1
	1 2 3 & 4		

B: 0:52 / 1:41 -----

Stomp	STO BR UP/H DS RS	arms down	on STO
Rocking Chair	L R R L R LR		
	1 & 2 &3 &4		
Karate	DS KK(turn 1/2L) H DS KK UP/H		
	L R L R L L R		
	&1 & 2 &3 & 4		
2 Basic, Jazz Box	DS RS DS RS S S(xif) S(ib) S(ots)		
	L RL R LR L R L R		
	&1 &2 &1 &2 1 2 3 4		

Repeat all above to face front again

continued on page 2

James Bond

Sequence: Intro A A B C D Br.1 A B C D Br.2 E C C* C D End

C: 1:07 / 1:57 / 2:40 / 2:56 -----

Turkey H(ots/w) FLP S(xib) DS RS hands in back
 L L R L RL
 1 & 2 &3 &4

Fancy Double DS DS RS RS move fwd hands in back
 R L RL RL
 &1 &2 &3 &4

Repeat all above (opposite footwork & direction)

D: 1:15 / 2:05 / 3:03-----

Bond S(xif) TCH(xib) p H(ots/w) FLP p S(xif) p
 L R R R L
 1 2 3 4 5 6 7 8

on 4 do **gun pose 1**, on 5 do **gun pose 2**

Br.1: 1:19 -----

Slow Turn PVT (1/2R) p with **gun pose 2**
 both
 1-6 7-8 do **gun pose 1** on 7-8

4 Slow Toe-Heel T H arms down on 1
 L L turn 1/2 L on 4 Toe-Heel
 R R
 1 2

Br.2: 2:09 -----

Slow Turn PVT (1/2R) p with **gun pose 2**, do **gun pose 1** on 7-8

2 Cross Slur S(xif) SLR(if) arms down on 1
 L R look to R on S
 R L look to L on S
 1 2-4

4 Slow Toe-Heel T H turn 1/2L on 4 Toe-Heel

2 Cross Slur S(xif) SLR(if) look to R and L on Steps

E: 2:24 -----

Push Off DS RS RS RS DS DS DS RS turn **Triple 1/4 L** on RS
 & L RL RL RL R L R LR
Triple &1 &2 &3 &4 &1 &2 &3 &4

Repeat all above 3 times as written to face front again.

C*: 2:48 -----

2 Cowboy DS DS DS BR UP/H DS RS RS RS turn 1/2 L on BR UP
 L R L R R L R LR LR LR move back on beat 6-8
 &1 &2 &3 & 4 &5 &6 &7 &8

End: 3:07 -----

James Bond PVT (1/4R) gun pose 1 turn head 1/4 L
 both
 "Bond" "James" "Bond"